

**Yakult**  
UK Symposium 2010

# Probiotic Progress: Health Implications for the Gut and Beyond

*A symposium for healthcare professionals*



**BOOK YOUR PLACE  
BEFORE 31<sup>ST</sup> JULY  
AND QUALIFY FOR  
AN EARLY BIRD  
REGISTRATION FEE!**



**Tuesday 12<sup>th</sup> October 2010**  
Institute of Physics  
76 Portland Place, London W1B 1NT

CPD accreditation from the British Dietetic Association  
and the Royal College of Nursing will be applied for.

# Probiotic Progress: Health Implications for the Gut and Beyond

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## PROGRAMME

- 9.00 Registration**  
Coffee & pastries available
- 
- 9.50 Welcome**  
Dr Linda Thomas  
*Science Director, Yakult UK Ltd*
- Morning session – Probiotics and the immune system**  
Chair: Professor Jeremy Hamilton-Miller  
*Emeritus Professor of Medical Microbiology, Royal Free and University College Medical School London*
- 
- 10.00 Care of the elderly: the problems to be addressed**  
Professor Dermot Power  
*Consultant in Geriatric Medicine, Mater Misericordiae Hospital, Dublin, Ireland*
- 
- 10.30 Probiotics for the elderly: how might they help?**  
Professor Ian Rowland  
*Professor of Human Nutrition, University of Reading*
- 
- 11.00 Refreshment break**
- 
- 11.30 Exercise and immune function: probiotic potential for athletes**  
Professor Mike Gleeson  
*School of Sport, Exercise and Health Sciences, Loughborough University*
- 
- 12.00 Allergies: a role for microbiota and probiotics?**  
Professor Claudio Nicoletti  
*Research Leader, Institute of Food Research, Norwich*
- 
- 12.30 Lunch / networking**
- Afternoon session – Probiotics and gut health**  
Chair: Catherine Collins RD  
*Principal Dietitian, St George's Hospital NHS Trust, London*
- 
- 13.30 Beyond probiotic headlines: spotlight on new probiotic research**  
Professor Bob Rastall  
*Head of Department, Food and Nutritional Sciences, University of Reading*
- 
- 14.00 Irritable bowel syndrome, the gut flora, prebiotics and probiotics**  
Professor Eamonn Quigley  
*Professor of Medicine & Human Physiology, University College Cork, Ireland*
- 
- 14.30 Gut flora – friend or foe: intestinal inflammation**  
Dr James Lindsay  
*Consultant and Senior Lecturer in Gastroenterology, Digestive Diseases Clinical Academic Unit, Barts and the London School of Medicine and Dentistry*
- 
- 15.00 Refreshment break**
- 
- 15.30 Panel discussion**  
Moderator: Professor Glenn Gibson  
*Professor of Food Microbial Sciences, University of Reading*
- 
- 16.30 Drinks and nibbles**  
Relax and enjoy. An opportunity to discuss and network.

# Back by Popular Demand

## Celebrating 75 Years of Probiotic Science

This year Yakult celebrates 75 years since Dr Shirota developed Yakult, using the probiotic strain *Lactobacillus casei* Shirota that he had discovered earlier in 1930. Probiotic research has been going strong ever since, and has now considerably intensified and diversified. This symposium provides a platform for experts to present the latest research on probiotics relating to a range of health and disease conditions. The aims of this one-day symposium are:

- to give an overview of the current research into the various health benefits of probiotics
- to provide an insight into the potential of probiotics in different healthcare situations.

The symposium would be of interest to all healthcare professionals, students and researchers, and in particular those specialising in nutrition and dietetics, primary care, infection control, care of the elderly, sports science and gastroenterology.

### SYMPOSIUM FEE

Standard cost is £100, reduced to £50 for NHS employees. The fee includes a full day of presentations, a conference folder, lunch and refreshments.

### BOOK BEFORE 31<sup>ST</sup> JULY TO BE ELIGIBLE FOR EARLY BIRD RATES: £75 (STANDARD), OR £35 (NHS).

Payment should be made by cheque, payable to 'Yakult UK Ltd'.

### SUBSTITUTE DELEGATES

If delegates are unable to attend, they may substitute a colleague but please try to give at least seven days notice prior to the conference. If necessary, the booking may be cancelled up to 14 days before the conference without due reason and a full refund will be given.

## Booking Form

### Probiotic Progress: Health Implications for the Gut and Beyond

**Tuesday 12<sup>th</sup> October 2010**

Institute of Physics  
76 Portland Place, London W1B 1NT

Please fill in this form, enclose payment (cheques only, made payable to Yakult UK Ltd) and send to: Science Department (Symposium) Yakult UK Ltd. Artemis, Odyssey Business Park West End Road, South Ruislip, Middlesex HA4 6QE

Registration will be confirmed on receipt of payment. Please register early as places are limited.

Title (please circle) Mr Mrs Ms Miss Dr Prof

Full name \_\_\_\_\_

Job title \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

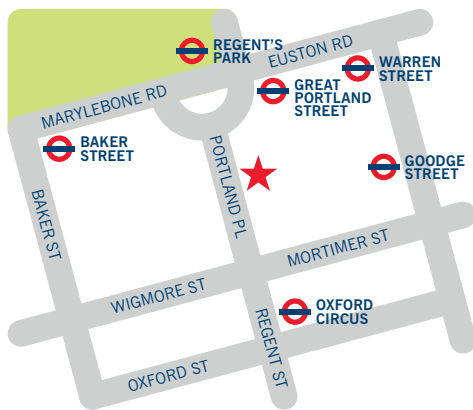
How did you hear about the symposium? \_\_\_\_\_

# How can Yakult's science team help you?

Yakult is committed to increasing awareness of the science and benefits of probiotics.

We offer the following:

- advice and further information on Yakult and probiotics
- free scientific and consumer literature on probiotics and Yakult
- discussion and help with free trials (subject to agreement)
- free educational seminars – customised to your requirements
- Yakult's electronic science newsletter, the Probiotic Bulletin
- healthcare professional website [www.yakult.co.uk/hcp](http://www.yakult.co.uk/hcp)



## SYMPOSIUM VENUE

The symposium will be held at the Institute of Physics at 76 Portland Place, London W1B 1NT. This modern purpose-built conference venue is located in central London within 10 minutes walk of five tube stations (Regent's Park, Great Portland Street, Warren Street, Goodge Street, Oxford Circus), and also within easy reach of Euston, King's Cross and Paddington mainline stations.

## Registration fees

Please make cheques payable to Yakult UK Ltd. Separate forms must be submitted for each delegate. Payment by invoice can be arranged; please supply the invoice name and address.

### EARLY BIRD DISCOUNTED PRICES

Completed registration form must be received before 31<sup>st</sup> July.

- £75 (includes VAT)
- £35 NHS employees (includes VAT) (Please include proof of eligibility with your completed registration form eg. NHS headed paper, valid NHS email address, etc)

### PRICES AFTER 1<sup>ST</sup> AUGUST

- £100 (includes VAT)
- £50 NHS employees (includes VAT) (Please include proof of eligibility with your completed registration form)

- Please send me a receipt for my registration fee
- I cannot attend, but would like a copy of the presentations

### Yakult UK Ltd

Artemis, Odyssey Business Park  
West End Road  
South Ruislip HA4 6QE

020 8842 7600

[science@yakult.co.uk](mailto:science@yakult.co.uk)

[www.yakultsymposium.co.uk](http://www.yakultsymposium.co.uk)

### DATA PROTECTION

The information supplied on this form will be held on a database to process confirmation of your place. The information may also be used for marketing purposes and you could be contacted by letter, fax, telephone or email with details of future events and publications organised or provided by Yakult UK Ltd. which may be of interest to you. These details will not be passed onto any other organisation.

- If you do not wish to receive further information please tick the box.