



Probiotic Relevance: Putting Theory into Practice

Tuesday 21st October 2008
76 Portland Place, London W1B 1NT

CPD accreditation from the British Dietetic Association
and the Royal College of Nursing will be applied for.

Book your place
before 31st July 2008
and qualify for an early
bird registration fee!

Back by popular demand

In 2006 Yakult UK held its symposium: **Current Understanding of the Health Benefits of Probiotics**. The event was exceptionally well received, with particular praise for its fairness and objectivity. The high quality and reputation of the speakers and chairmen were a major attraction. Following the success of our last event we are pleased to announce our forthcoming 2008 symposium: **Probiotic Relevance: Putting Theory into Practice**.

The aim of the symposium

Since the launch of Yakult as the first probiotic in the UK over ten years ago, research in probiotics has intensified and diversified dramatically. There is now an increasing body of evidence indicating a range of health benefits associated with daily consumption of such products.

The aims of this one-day symposium are:

- to give an overview of the current research into the diverse health benefits of probiotics
- to provide an insight into the potential of probiotics in different healthcare situations

Following delegate feedback from our 2006 symposium, this year's event will include a round table discussion where delegates and speakers will have the opportunity to discuss their experiences of probiotics in healthcare settings.

The symposium would be of interest to:

Practising healthcare professionals, in particular:

- dietitians and nutritionists
- primary and secondary healthcare professionals eg GPs, practice nurses and ward sisters
- medical and healthcare professionals, particularly those training in the areas of gastroenterology, nutrition, microbiology and infection control

Symposium fee

The cost of the symposium is £100. There is a reduced rate of £50 for NHS employees. The symposium fee includes a full day of presentations, a conference folder, lunch and refreshments (including wine and nibbles at the end).

Delegate places are limited. If you book your place before 31st July 2008 you will be eligible for early bird prices: £75, or £35 if you are an NHS employee.

Payment should be made by cheque payable to 'Yakult UK Ltd.'

If delegates are unable to attend, they may substitute a colleague but please try to give at least seven days notice prior to the conference. If necessary, the booking may be cancelled up to 14 days before the conference without due reason and a full refund will be given.



Probiotic Relevance: Putting Theory into Practice

Programme

9.00 Registration

9.50 Introduction and welcome

Dr Linda Thomas, Science Manager, Yakult UK Ltd.

Chairman

Professor Jeremy Hamilton-Miller

Emeritus Professor of Medical Microbiology, Royal Free and University College Medical School London

10.00 Probiotics basics: the definition, the science, the legislation

Professor David P Richardson

DPR Nutrition Ltd. and Visiting Professor at the Universities of Newcastle and Reading

10.25 The gut flora support of the body's defences

Dr Ailsa Hart

Consultant Gastroenterologist, St Mark's Hospital and Academic Institute

10.50 Refreshment break

11.15 The evidence for probiotics and IBS

Dr Miranda Lomer

Consultant Dietitian in Gastroenterology, Guy's and St Thomas' Hospital

11.35 Is there any probiotic benefit for athletes and sports people?

Professor Mike Gleeson

School of Sport and Exercise Sciences, Loughborough University

11.55 Where are probiotics boldly going next?

Professor Glenn Gibson

Professor of Food Microbial Sciences, University of Reading

12.25 Lunch / networking

13.25 Probiotics and enteral feeding

Dr Kevin Whelan

Lecturer in Nutritional Science, Department of Nutrition and Dietetics, King's College London

13.55 Probiotics and liver disease

Dr Raj Mookerjee

Senior Lecturer in Medicine and Honorary Consultant in Hepatology,

Institute of Hepatology, University College London

14.20 Probiotics and care of the elderly

Professor Ian Rowland

Professor of Human Nutrition, University of Reading

14.45 Refreshment break

15.10 Late breaking news: focus on infection control

Speakers to be confirmed

15.40 Round table discussion

Moderator: Catherine Collins

Principal Dietitian, St George's Hospital, London

16.30 Drinks and nibbles

Further opportunity for discussion and networking



Book your place

Probiotic Relevance: Putting Theory into Practice

Tuesday 21st October 2008

76 Portland Place, London W1B 1NT

Please fill in this form, enclose payment and send to:
Science Department (Symposium), Yakult UK Ltd.
Artemis, Odyssey Business Park, West End Road, South Ruislip, Middlesex HA4 6QE

**Your registration will be confirmed on receipt of payment.
It is advisable to register early as places are limited.**

Full name (with title) _____

Job title _____

Organisation _____

Address _____

Postcode _____

Telephone _____

Fax _____

Email _____

How did you hear about the symposium? _____

Registration fees:

Please make cheques payable to Yakult UK Ltd. Separate forms must be submitted for each delegate.
Payment by invoice can be arranged; please supply the invoice name and address.

Early bird discounted prices

Completed registration form must be received before 31st July 2008

- £75 (includes VAT)
- £35 NHS employees (includes VAT) (Please include proof of eligibility with your completed registration form eg NHS headed paper, valid NHS email address, etc)

Prices after 1st August 2008

- £100 (includes VAT)
- £50 NHS employees (includes VAT)
(Please include proof of eligibility with your completed registration form)

- Please send me a receipt for my registration fee
- I cannot attend, but would like a free copy of the abstract book

Data Protection

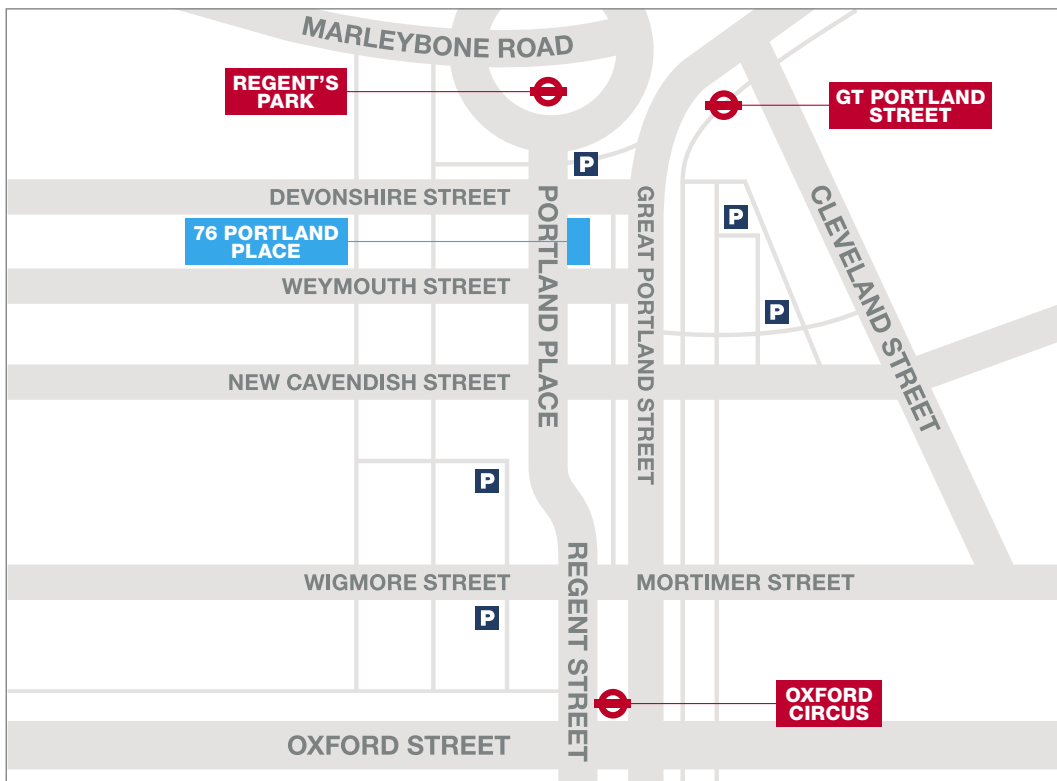
The information supplied on this form will be held on a database to process confirmation of your place. The information may also be used for marketing purposes and you could be contacted by letter, fax, telephone or email with details of future events and publications organised or provided by Yakult UK Ltd. which may be of interest to you. These details will not be passed onto any other organisation.

- If you do not wish to receive further information please tick the box



Symposium venue

The symposium will be held at 76 Portland Place, London W1B 1NT. This modern purpose built conference venue is located in central London within ten minutes walk of five tube stations (Regent's Park, Great Portland Street, Warren Street, Goodge Street and Oxford Circus). It is also within easy reach of Euston, King's Cross and Paddington mainline stations.



Further information

Science Department (Symposium)
Yakult UK Ltd.
Artemis, Odyssey Business Park
West End Road, South Ruislip
Middlesex HA4 6QE

Telephone: 020 8842 7600
Email: yakultsymposium@yakult.co.uk
www.yakultsymposium.co.uk

Yakult

About Yakult the company

- a global leader in probiotics
- contributing to the health and happiness of people around the world through the pursuit of excellence in life science, and research and experience in microorganisms
- collaborating in research with independent scientists in the UK, to investigate and confirm the health benefits of Yakult
- promoting probiotic and digestive health research, supporting the work of digestive health organisations such as Core, The Gut Trust and St Mark's Hospital, Harrow

About Yakult the product

- a fermented milk drink containing *Lactobacillus casei* Shirota – a unique and safe probiotic strain with over 70 years' scientific research
- helps maintain a healthy balance of intestinal flora, supporting a healthy digestive system and the body's natural defences
- numerous human trials have been conducted on Yakult or the probiotic strain *Lactobacillus casei* Shirota. Importantly, research conducted by independent groups report that this probiotic strain survives in the gut, and supports the balance of gut bacteria.

How can Yakult's science team help you?

Yakult is committed to increasing awareness of the potential benefits of probiotics and can offer the following:

- advice and further information on Yakult and probiotics
- free scientific and patient literature on probiotics and Yakult
- discussion and help with free trials (subject to agreement)
- free educational seminars – customised to your requirements
- Yakult's science newsletter, the Probiotic Bulletin
- visit www.yakult.co.uk/hcp for more information